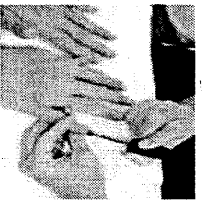


Learn the facts about manicurists & pedicurists

A Manicurist

Currently, manicurists and pedicurists do **not** require a license from the State of Connecticut Dept. of Public Health. This is even more reason for consumers to be wise and insist on safe practices.

A manicurist works on the cuticles or nails of the hands.



Manicuring is for cosmetic purposes and includes filing, polishing, coating, nipping, shaping, sculpturing and applying artificial tips and other extensions.

A Pedicurist

A pedicurist performs work on a person's feet. A pedicurist is any person performing work or maintenance to the nail or cuticle of the feet for cosmetic purposes including trimming, filing, polishing, and painting nails of healthy toes.

Pedicure Warning

A pedicurist **may not** cut nail beds, corns and calluses or perform any other medical treatment involving the foot or ankle. Razors or credo blades are **not** allowed. A pedicurist should refuse to provide a customer with service if they have an infection, nail fungus, boil, or ulceration on the feet or legs.

Protect your health by insisting on safe practices

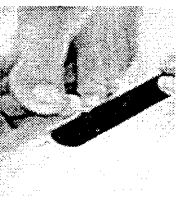
Washing hands

Washing hands is one of the most important controls you have in preventing the spread of viruses and bacteria. Before any nail work begins, the nail technician and the client **must** wash their hands with antimicrobial soap and then dry hands on a single use paper towel. **To protect your health, insist that handwashing be done by both you and your nail technician.**

Equipment

• All equipment used by your nail technician should be commercial grade. **There should be no homemade or home-style equipment used to service you.**

• All wooden implements such as orange sticks, emery boards, and files are single use items and must be discarded after use on one customer. **A technician cannot reuse a single use item on more than one customer.** If the technician attempts to use an implement on you that appears to have been used on another, ask for a new implement.



• Metal or plastic implements can be reused. However, these implements must appear clean and be disinfected with Barbicide after each customer.

• Metal or plastic implements should be disinfected in a sanitizer such as Barbicide, located on your technician's workstation, **for a minimum of 10 minutes.**

• Pedicure tubs must be cleaned and sanitized before each customer **for a minimum of 10 minutes.** This includes removal and cleaning of the suction screen.

• The nail workstation should be free of filing dust and nail clippings. The workstation and implements must also be cleaned and disinfected with Barbicide after each customer.

Other tips to reduce the chance of infection

Observe the salon and technician before becoming a client.

• Is the salon licensed? Licenses should be posted. If you don't see one, ask.

• Is the facility neat and clean? Each station should be completely cleaned between clients with Barbicide.

• Does the technician wash his or her hands and require you to wash your hands?

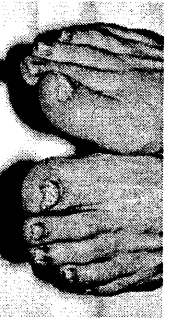
• It is advised that you invest in your own manicure and/or pedicure set.

• Manicure and pedicure sets can be purchased at local public beauty supply stores for a small fee.

Be a Wise Consumer...Know your health risks

There are serious health risks associated with getting a manicure and/or pedicure if proper precautions are ignored. **These health risks can include:**

- Viral infections, such as HIV, hepatitis B & C, and warts;
- Bacterial infections such as staphylococcus, streptococcus, and pseudomonas;
- Fungal infections, such as athlete's foot, nail fungus and yeast



Example of difficult to treat fungal infection

Although the health inspectors routinely inspect licensed hair and nail salons in town, we cannot guarantee safe practices are conducted at all times. We encourage you to become a **wise consumer** when it comes to seeking these services.

Inside is important information that can help keep you safe and healthy.

If your nail salon does not follow the safety requirements listed inside or you are concerned about unsafe practices, call the Stratford Health Department at 385-4090.



For additional consumer information you can visit our website at

www.townofstratford.com/health

Stratford Health Department



Working for a healthy community

468 Birdseye Street
Stratford, CT 06615

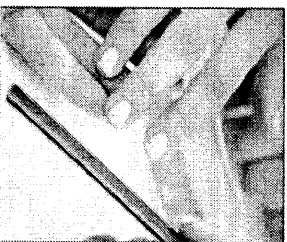
Phone: 203-385-4090

Fax: 203-381-2048

www.townofstratford.com/health

Stratford
Health
Department

Manicure
and
Pedicure
Consumer
Facts



*What every
consumer should
know before
receiving a
manicure or
pedicure*