



**Stratford Partnership for Youth and Families  
Youth Committee Meeting  
Monday, February 1 2016  
Room 110 – Birdseye Municipal Complex  
Minutes**

**In attendance:** Roula Kouvatas, Nick Macisco, Olivia Mastroluca, James Olsen, Shannon Tripodi

**Call to Order and Ice Breaker**

Roula Kouvatas called the meeting to order at 7:04 p.m.

**Yoga and Discussion with Kate from Community Services**

Kate Venison LMFT, Clinical Coordinator of the Stratford Community Services , led a conversation relating to situations high school students may face. The conversation was followed by a brief yoga demonstration with Kate.

**Adjournment**

The meeting was adjourned at 8:02 p.m.

Respectfully Submitted,



James Olsen